

#### **Ethical Principle 1:**

The physiotherapists and physiotherapy assistants shall respect the rights and dignity of the individual.

Any person seeking a physiotherapist or physiotherapy assistant's services is entitled to this service, regardless of age, gender, race, religion, ethnic origin, sexual orientation, political commitment, disability, health or social status.

The physiotherapists and physiotherapy assistants must ensure that a patient/client has the right to:

- The highest quality of the physiotherapy service
- The Information about the services of the physiotherapy
- On the informed agreement for achieved service
- Confidentiality
- Access to his/her data on the physiotherapy services that he/she receives
- The health education and promotion of the health services
- To choose a person who will be informed in favor of her/his name

#### **Ethical Principle 2:**

The physiotherapists and physiotherapy assistants shall abide themselves and act in compliance with the laws and regulations that determine physical therapy activities in Bosnia and Herzegovina, including Standards of physiotherapy and this Ethical code.

The physiotherapists and physiotherapy assistants fully understand the laws and regulations that define the physical therapy profession and practice in Bosnia and Herzegovina. They have the right to refuse to provide treatment or intervention, if, in accordance with their professional opinion, the service is not in the best interest of a patient/client.

The physiotherapists and physiotherapy assistants are entitled to legally, within the health system or in other ways, advocate for a patient/client access to services, if, in accordance with their professional opinion, they believe that there are restrictions on access to those who make of these services could have health or benefit in the field of improving the quality of life.

### **Ethical Principle 3:**

The physiotherapists and physiotherapy assistants shall accept responsibility for the service provided, and they are subject to the court.



The physiotherapists shall be independent and autonomous professional practitioners. They make an independent decision and evaluate the provision of the services for which they have the necessary knowledge and skills.

The physiotherapists within the review, with each individual patient/client shall conduct appropriate tests and researches as the process of developing a diagnosis.

In accordance with the diagnosis and other relevant information about the patient's/client's goals, the physiotherapists shall determine prognosis and treatment plan and implement intervention/treatment. When the goals of treatment are being achieved or when the effect of treatment cannot be improved or achieved, regardless of his/her future life, the physiotherapists should notify a patient/client and do a release.

If the diagnosis is unclear or if you need intervention/treatment that are not within the scope of the physical therapy profession, physiotherapists shall inform a patient/client and provide the same referral to other professionals.

The physiotherapists shall not be allowed to suggest other health professionals or support workers to perform the activities that require unique skills, knowledge and professional decisions inherent to the physiotherapists.

If a patient/client is referred to a physiotherapist by another healthcare/medical practitioner and if the proposed treatment is in accordance with the opinion of a professional physiotherapist considered unsuitable, a physiotherapist should consult with a health/medical practitioner who issued the instruction for a physiotherapy treatment.

The physiotherapists shall have the right to expect the cooperation of their colleagues and other participants in the intervention/treatment.

## Ethical principle 4:

The psiotherapists and physiotherapy assistants provide honest, responsible, competent and professional services.

The physiotherapists should:

- Ensure that their behavior and actions shall be professionally at any time
- Timely and regularly deliver a patient/client specific details of the physiotherapy intervention
  / treatment, which are in accordance with the given individual common goals
- Ensure that a patient/client at any time understands the nature of services that he/she will achieve and the expected costs of either time or financial.
- Undertake a continuous, planned program of professional development designed to maintain and improve professional knowledge and skills
- Maintain and implement appropriate logging and monitoring of a patient/client, in order to estimate effective care of a patient/client and evaluation of physical therapy practice



- Do not disclose information about a patient/client to the third parties without his/her consent, except in cases where the disclosure of such data is binding and prescribed by law
- Participate in a review and other forms of assessment practices, the results of which will not be revealed to another person or entity without the approval of physiotherapists
- Keep and maintain data to facilitate measurements of the performances of the services and the information made available to other agents, and in line with orderly mutual agreement
- Do not allow abuse of the services

The ethical principles that define the physical therapy practice must be before any business or employment principles. If such a conflict occurs, the physiotherapists must make every effort to issue/problem repaired, including officially seeking help from the official professional association for physical therapy profession at the level of entity or Bosnia and Herzegovina.

### Ethical principle 5:

The physiotherapists and physiotherapy assistants shall be dedicated to providing quality services.

The physiotherapists and physiotherapy assistants should:

- be familiar and aware of current and accepted standards of practice and take actions that are measurable confirmed
- participate in continuous professional development and advancement to improve their basic knowledge and enable the application of new knowledge
- support the researches that contribute to the improvement of intervention by the services provided to a patient/client
- be always up to date with officially the best available evidence and to implement them in practice
- support a quality education in the academic and clinical settings/preferences

The physiotherapists involved in the researches should ensure that they themselves:

- Respect and comply with current rules and policies that apply when conducting research on live human subjects
- Ensure that the consent of the subject
- Protect the confidentiality of the subject
- Protect the safety, health and well-being of the subject
- Do not engage in the frauds and plagiarism
- Fully discover any help and support to the research and agreeably acknowledge and recognize any assistance
- Report any violation of rules to the relevant authorities and bodies
- Ensure a free distribution of the results of their researches, especially in the professional journals and presentations at conferences



A physiotherapist in the role of the employer should:

- ensure that all employees are properly and duly qualified ensuring compliance with all legal and technical requirements
- apply the currently valid management principles and practice, with special importance on appropriate standards for managing with the staff
- ensure that policies and procedures are adequately developed, implemented and monitored
- ensure that clinical practice is adequately evaluated and revised
- provide adequate opportunities for education of the staff and their professional development based on the need to assess the effectiveness of work

### Ethical principle 6:

The physiotherapists are entitled to a fair and equitable level of compensation for their services

The physiotherapists should:

- ensure that their price list is aligned with the current market conditions
- ensure that the paid service offers a value for money
- ensure, as far as possible, a refund of a third party-financier, in accordance with good business practices. Third party - financier, should not seek to make cost control that will in any way limit the scope of practice of a physiotherapist or to hinder their right to remuneration.
- ensure that the impact is not used for personal gain
- ensure that the operating principles apply with regard to the suppliers, manufacturers and other agents or associates

### Ethical principle 7:

The physiotherapists provide accurate information to a patient/client, other agencies and the community about physiotherapy and services provided by the physiotherapists.



### The physiotherapists:

- Should participate in the public education programs by providing information about their profession
- Should honestly inform the public and the referral professions about the nature of the services in order that the individuals would be able to make a decision about the use of these services
- May advertise their services
- Should not use false, deceptive, misleading, wrong-guided, indecent or sensational statements and statements
- Should use titles that correctly describe their professional status

### Ethical principle 8:

The physiotherapists shall contribute to the planning and development of the services focused on the health needs of the community.

The physiotherapists shall have a duty and obligation to participate in the planning of services designed to ensure the optimum health of the community.

The physiotherapists shall be required to work towards achieving justice for the provision of the health services for all people.

#### Ethical principle 9:

The physiotherapists and physiotherapy assistants are health care professionals whose activities do not endanger the environment or the safety of the community.

The physiotherapists and physiotherapy assistants should:

- ensure that their activities comply with the measures currently in force preventing the spread of the hospital and other infections
- ensure that procedures are adhered to treatment and disposal of medical waste
- ensure socially responsible behavior during professional activity in the public or private health care
- observe the general measures of environmental protection and natural resources

President of the Assembly: Jasmin Avdović